



**TRANSCEND**  
AWARDS

**FUTURE FIT**  
TRAINING

This is to confirm that:

**Clare Perks**

has achieved the following qualification:

**Transcend Level 3 Diploma in Personal Training**

**On: 21/01/2025**

Qualification Number: 603/4215/8

Certification Number: TAL0P7WFBLLppTFoPzXFT0ZgMr7ofFphoJ

**Stacey Doherty - Responsible Officer**

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To validate this achievement please visit:  
<https://transcend.creatiogreen.com/public/validate>



**CIMSPA**  
Endorsed

Professional  
Standards

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**In achieving this qualification, the learner has completed the following units:**

**Duties of a Personal Trainer**

**H/617/4916**

**Driving behaviour change through lifestyle intervention and impact analysis**

**K/617/4917**

**Driving behaviour change through health and wellbeing intervention and impact analysis**

**T/617/4919**

**Driving behaviour change through nutritional intervention and impact analysis**

**K/617/4920**

**Driving behaviour change through anatomical and movement systems intervention and impact analysis**

**M/617/4921**

**Driving behaviour change through exercise technique intervention and impact analysis**

**T/617/4922**

**Deployment of a Personal Trainer**

**A/617/4923**

**Deployment of a personal training enterprise**

**F/617/4924**